



## DA GRIND 2025

**Saturday, July 26, 2025**

Novice, Keiki, OC-1, OC-2, Surfski, SUP – 4 Miles  
Men's, Women's, & Mixed OC-6 Iron Course – 12 Miles

The Seattle Outrigger Canoe Club invites you to compete in this beautiful, fun and challenging race at Alki Beach in West Seattle. Don't miss this opportunity to paddle from a sandy beach, in saltwater, in gorgeous Pacific Northwest surroundings.

Crew Registration/Waiver and Paddler Liability Waivers can be found at the end of this document.

**EVENT SCHEDULE:** Race start times and course subject to change based on weather and safety considerations.

Start Time	End Time	Task Description
6:00 AM	7:00 AM	<ul style="list-style-type: none"><li>• Set up tents: registration, announcer, race official, SOCC club.</li><li>• Unload and rig SOCC canoes</li><li>• Drop off trailer at boat ramp parking lot</li></ul>
7:00 AM	8:30 AM	<ul style="list-style-type: none"><li>• <b>Registration open</b></li><li>• Welcome and assist another clubs unload their canoes</li></ul>
8:30 AM	9:00 AM	<ul style="list-style-type: none"><li>• Steersperson Course and Safety Meeting</li><li>• Pule "Prayer"</li></ul>
9:00 AM	10:00 AM	<ul style="list-style-type: none"><li>• Short Course - All categories</li></ul>
10:30 PM	12:30 PM	<ul style="list-style-type: none"><li>• Long Course - Women's and Mix Crew</li></ul>
11:00 AM	11:30 AM	<ul style="list-style-type: none"><li>• Award Ceremony - Short Course</li></ul>
1:00 PM	3:00 PM	<ul style="list-style-type: none"><li>• Long Course - Men's Crews</li></ul>
3:00 PM	4:00 PM	<ul style="list-style-type: none"><li>• Award Ceremony - Long Course</li><li>• Raffle</li><li>• Cleanup</li></ul>

## REGISTRATION and FEES

Registration will be conducted the morning of the race, Saturday. 7/27. No pre-registration will be available.

Registration fee required for each paddler per event.

- **\$45** per paddler for long course
- **\$25** per paddler for short course

Pay with check, cash, or Venmo at registration. Make checks payable to "Seattle Outrigger Canoe Club"  
Da Grind Shirt included with each registered participant!

Fee waived for adult steersperson supporting keiki crews in the short course.

On request, reduced race fee of \$15 if competing in 2+ events and an additional race shirt is not needed.

## FORMS

All craft/crews and participants must sign and bring the following forms to registration on race day along with race fee payment:

1. **Da Grind Registration Form** - Included in the race packet below. One form required for each craft/crew.
2. **Paddlesport Waiver** - Included in the race packet below. One form required for each paddler. 6 per crew.
3. PNWORCA assumption of risk and release of liability agreement - NOT included in race packet.  
Required for all paddlers who belong to a PNWORCA canoe club.

Registration forms and race fee information are available at:

[www.seattleoutrigger.com/the-seattle-grind/](http://www.seattleoutrigger.com/the-seattle-grind/)

## DRIVING DIRECTIONS

**Search:** "Alki Beach Park" in Google Maps

From I-5:

1. Follow signs for **W Seattle Bridge** (Exit 163)
2. Take exit for **Harbor Ave SW** (not Harbor Island exit) 2.4 mi
3. Turn right onto Harbor Ave SW 0.3 mi
4. Continue onto Alki Ave SW (Harbor Ave turns into Alki Ave) 1.8 mi
5. Registration will be on the beach on the right (look for the SOCC tent)

## BOAT LAUNCHING AND PARKING

The easiest place to launch is Dan Armeni Boat Ramp, 1222 Harbor Ave SW. Trailer parking is available for approximately \$12.00 for the day. If you choose to launch here, you will need to rig your canoe and paddle approximately 1.3 miles west to the beach. You should have someone register at 8:00AM, with your canoe at the beach by 9:00AM for the steerspersons' meeting. This is an active boat ramp, so please be aware of other boats launching. You may also choose to launch along the beach near 2600 Alki Ave SW. In the morning, you should be able to pull the trailer along the beach and unload.

Unfortunately, you cannot park your trailer on Alki Ave SW. You may find parking near Alki Playground on 38th or 39th Ave SW at SW Stevens, but it is first-come, first-served. You may find it difficult to load your canoes back on the trailer in the afternoon since traffic on Alki Ave. SW can be very heavy in the middle of the day.

The 2024 Da Grind Race location will be at the same location as years past near the bathhouse along Alki Ave SW - between the blocks on 60th Ave SW and 57th Ave SW.

# RACE COURSE

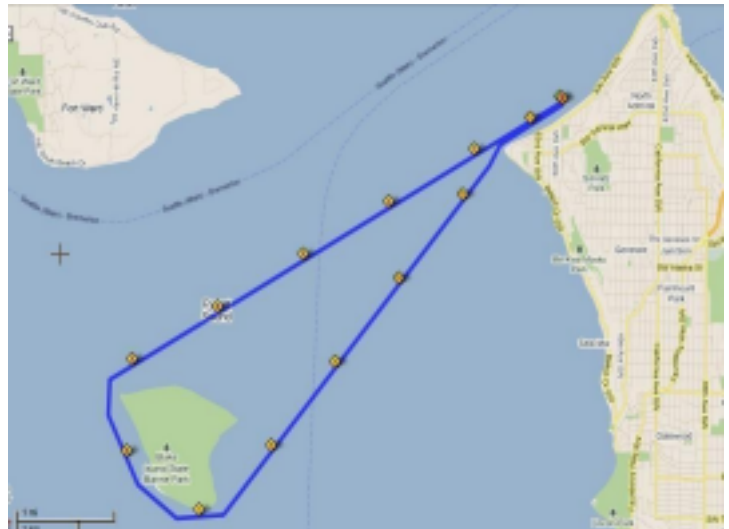
**Course:** Registration and the Start/Finish line will be on the beach at Alki - look for the SOCC tent.

## The long course

(OC6 only)

Approximately 12 miles

Course will start off the beach. Canoes will paddle west, toward Alki Point, and then across Puget Sound toward Blake Island. The course circles Blake Island clockwise, going around the south end, then north along the west side, circling back around the north end of the island and heading back to Alki Beach.



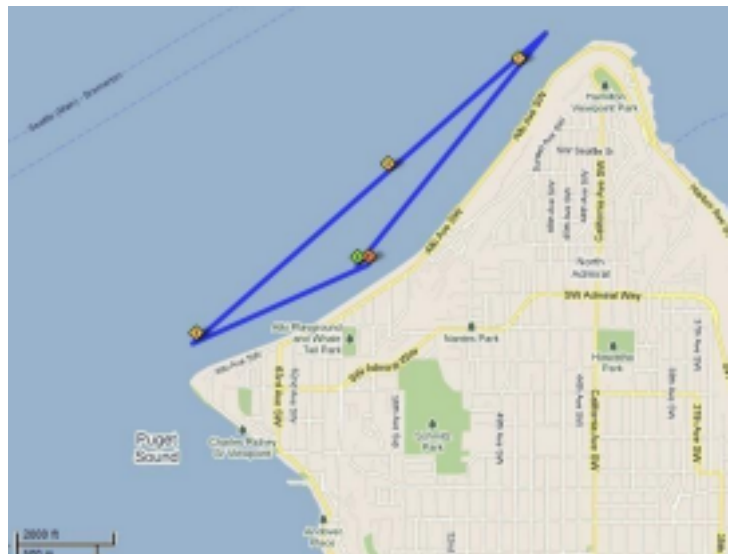
## The short course

(OC-6 Novice)

OC1/OC2/SUP/Surfski)

Approximately 4 Miles

Course will start, heading northeast towards Duwamish Head. Near a permanent marker, about one hundred feet from the shore, there is a turn buoy. Make the turn counterclockwise and head southwest toward Alki Point Lighthouse and a turn buoy near the point. Make a counter-clockwise turn around the buoy and head back to the start/finish line off Alki Beach.



**Please be extra-careful close to shore, watching out for swimmers and wildlife. The course will veer away from the known seal area but it is the responsibility of all wa'a to navigate away from seals, swimmers, ferries, and tugboats.**

## CANOE BORROWING

For PNWORCA crews wishing to borrow a canoe for Da Grind, please contact [racechair@pnworca.org](mailto:racechair@pnworca.org) at PNWORCA to organize borrowing canoes for the races. Paddlers outside of PNWORCA are welcome and encouraged to join our race. Please contact Da Grind organizers directly about borrowing canoes.

## WATER SAFETY

Each team must provide:

- A US Coast Guard approved flotation devices (PFD) for each paddler in the canoe and a whistle
- Spray skirt which **may** be required, depending on weather conditions on race day

Water temperatures should be in the low to mid 50's. Crews must be familiar with huli recovery techniques. Boat traffic is expected to be moderate, with occasional wakes and cross-chop. Shipping traffic may cross the course, heading north or south on Puget Sound. Steerspersons should be alert at all times. Be particularly aware of ferry and ship traffic, including tugboats. Ferry and ship wakes can be large and fast moving. Tugboats may be towing barges or logs that are not visible. ***Do not attempt to cross in front of ferries or ships or immediately behind tugboats.***

All SUP, OC1, OC2 and Surfski paddlers ***must wear a leash and have a PFD onboard.*** NO EXCEPTIONS. Anyone without a leash and PFD will not be allowed to race. • The weather can be quite warm on the beach, so teams are encouraged to bring tents for sun protection

## FOOD

There are many food establishments on Alki Ave SW. Paddlers may also potluck. There is no alcohol allowed on the beach.

Please plan to pack out all trash and recycling from the beach. There are dumpsters and recycling nearby the race location along the boardwalk. Mahalo for your Kokua!

## SHIRTS

Da Grind logo and shirt are designed by SOCC member Dave Wong

Shirt sizes are available in women's and unisex fits and come in S– 2XL

## CONTACT INFORMATION

**General Inquiries:** [info@seattleoutrigger.com](mailto:info@seattleoutrigger.com)

**Race Chair:** Anthony Pristyak (206) 886-8856, [anthony@seattleoutrigger.com](mailto:anthony@seattleoutrigger.com)



## Da Grind Registration Form

Saturday July 26, 2025  
Alki Beach, West Seattle

Complete one entry form for each craft/crew for each race

### Waiver

I hereby release and discharge Seattle Outrigger Canoe Club of Seattle, WA (hereinafter referred to as SOCC), its members, directors, officers, race committee, attorneys, agents, sponsoring businesses and organizations in any manner arising from my participation in or association with the Seattle Grind Outrigger canoe race. I hereby indemnify and hold harmless SOCC from all claims made, asserted, or alleged against SOCC on my behalf or on behalf of my estate or my heirs that arise out of the Seattle Grind Outrigger Canoe Da Grind Race. SOCC is not required to expend monies in defense of the Claim prior to exercising its rights to indemnification. I hereby acknowledge that canoe, surfski, and stand-up paddle racing are each activities which, by their nature, pose significant risk to their participants and that these risks cannot be eliminated even with the best of planning. I certify that I am able to swim and tread water for 20 minutes. I hereby consent to and authorize medical treatment in the event of injury or illness.

Executed this 26<sup>th</sup> day of July, 2025 by the members of:

Club Name (if applicable): \_\_\_\_\_

Crew / Participant Name: \_\_\_\_\_

Canoe Number: \_\_\_\_\_ Canoe Color: \_\_\_\_\_ Ama Color: \_\_\_\_\_

### Circle One From Each Section

- **Course:** 4-Mile Short Course | 12-Mile Long Course
- **Hull Classification:** OC6 Spec | OC6 Unlimited | OC1 | OC2 | Surfski | SUP
- **Category:** Women | Mixed | Men
- **Division (OC6 Only):** Keiki | Novice | Open | Masters 40+ | Masters 50+ | Masters 60+

*All OC1/2, Surfski, and SUP racers will be classified in the Open division*

*Keiki crews permitted to have adult steersperson*

	Paddler Name	Signature	Paddlesport Waiver (Y/N)	Shirt Size*
1				
2				
3				
4				
5				
6				

\*Shirt sizes available from S-2XL. Limited 2XL available.